

8. Self-adjoint mappings:

Throughout, let X be a finite-dimensional Euclidean space.

Def: Recall that a linear map $M: X \rightarrow X$ is self-adjoint (or Hermitian) if $M^* = M$. It is anti-self-adjoint (or anti-Hermitian) if $M^* = -M$.

Remark: Every linear map $M: X \rightarrow X$ can be decomposed into a self-adjoint part and an anti-self-adjoint part, by

$$M = H + A, \quad H = \frac{M + M^*}{2}, \quad A = \frac{M - M^*}{2}.$$

$$\begin{aligned} \text{Indeed, } \operatorname{Re}(x, Mx) &= \frac{1}{2} \left[(x, Mx) + \overline{(x, Mx)} \right] = \frac{1}{2} \left[(x, Mx) + (Mx, x) \right] \\ &= \frac{1}{2} \left[(x, Mx) + (x, M^*x) \right] = (x, Hx) \end{aligned}$$

$$\begin{aligned} \operatorname{Im}(x, Mx) &= \frac{1}{2} \left[(x, Mx) - \overline{(x, Mx)} \right] = \frac{1}{2} \left[(x, Mx) - (Mx, x) \right] \\ &= \frac{1}{2} \left[(x, Mx) - (x, M^*x) \right] = (x, Ax). \end{aligned}$$

Quadratic forms

Motivation: Let $f(x_1, \dots, x_n)$ be a real-valued function, $\mathbb{R}^n \rightarrow \mathbb{R}$. Recall the the Taylor approximation of f at $a \in \mathbb{R}^n$ up to 2nd order says that for $y \in \mathbb{R}^n$ with $\|y\| \approx 0$,

$$f(a+y) \approx f(a) + l(y) + \frac{1}{2} g(y), \quad \text{where}$$

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* $f(a)$ is the 0^{th} order term

* $\ell(y)$ is the 1^{st} order term: $\ell(y) = (y, g)$ for some $g \in \mathbb{R}^n$.

It turns out that $g = \nabla f = \begin{pmatrix} \frac{\partial f}{\partial x_1} \\ \vdots \\ \frac{\partial f}{\partial x_n} \end{pmatrix}$, the gradient of f .

* $g(y)$ is the 2^{nd} order term: $g(y) = \sum_{j=1}^n \sum_{i=1}^n h_{ij} y_i y_j$, where

$H = (h_{ij}) = \left(\frac{\partial^2 f}{\partial x_j \partial x_i} \right)$ is the Hessian of f .

Note that it is self-adjoint, because $\frac{\partial^2 f}{\partial x_i \partial x_j} = \frac{\partial^2 f}{\partial x_j \partial x_i}$,

and that $g(y) = [y_1, \dots, y_n]^T H \begin{bmatrix} y_1 \\ \vdots \\ y_n \end{bmatrix} = (y, Hy)$.

Suppose $a \in \mathbb{R}^n$ is a critical point of f , i.e., $\nabla f = g = 0$.

Then the behavior of f is governed by the 2^{nd} order term $g(y)$.

Def: A function $g: X \rightarrow K$ of the form $g(x) = (x, Hx)$ for a self-adjoint map H is called a quadratic form.

Observe that: $g(x) = [x_1, \dots, x_n] \begin{bmatrix} h_{11} & \cdots & h_{1n} \\ \vdots & \ddots & \vdots \\ h_{n1} & \cdots & h_{nn} \end{bmatrix} \begin{bmatrix} x_1 \\ \vdots \\ x_n \end{bmatrix} = \sum_{j=1}^n \sum_{i=1}^n h_{ij} x_i x_j$.

Suppose now that we can diagonalize H , that is, write

$H = P^{-1} D P$. Recall that this would mean that $D = \begin{bmatrix} \lambda_1 & & \\ & \ddots & \\ & & \lambda_n \end{bmatrix}$

and $P = \begin{bmatrix} v_1 & \cdots & v_n \end{bmatrix}$, the matrix of eigenvectors of H .

Then, we would have

$$g(x) = (x, Hx) = x^T H x = x^T P^{-1} D P x.$$

Moreover, if P is real-valued and orthogonal, then $P^T P = I$, i.e., $P^{-1} = P^T$. Then we could put $z = Px$ and write

$$g(z) = z^T D z = [z_1, \dots, z_n] \begin{bmatrix} \lambda_1 & & \\ & \ddots & \\ & & \lambda_n \end{bmatrix} \begin{bmatrix} z_1 \\ \vdots \\ z_n \end{bmatrix} = \sum_{i=1}^n \lambda_i z_i^2.$$

This is much easier! Note that we can do this iff $P^T P = I$, i.e., iff X has an orthonormal basis of real eigenvectors of H . It turns out that this is always the case.

Theorem 8.1: A self-adjoint mapping $H: X \rightarrow X$ of a complex Euclidean space has only real eigenvalues, and a set of eigenvectors that forms an orthonormal basis of X .

Proof: It suffices to show that

- (i) H has only real eigenvalues
- (ii) H has no generalized eigenvectors (only genuine ones)
- (iii) Eigenvectors corresponding to different eigenvalues are orthogonal.

Pf: (i) Let λ be an eigenvalue of H with eigenvector $v \neq 0$.

$$\text{Then } (Hv, v) = (\lambda v, v) = \lambda(v, v)$$

$$\text{and } (v, Hv) = (v, \lambda v) = \bar{\lambda}(v, v)$$

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Since $(v, v) \neq 0$, $\lambda = \bar{\lambda} \Rightarrow \lambda$ is real. ✓

(ii) Suppose $(H - \lambda I)^d v = 0$. We must show $(H - \lambda I)v = 0$.

Induct on d . Base case ($d=2$):

If $(H - \lambda I)^2 v = 0$, then $((H - \lambda I)^2 v, v) = 0$

$$\Rightarrow ((H - \lambda I)v, (H - \lambda I)v) = \|((H - \lambda I)v)\|^2 = 0 \Rightarrow (H - \lambda I)v = 0. \quad \checkmark$$

Now, suppose $(H - \lambda I)^d v = 0 \Rightarrow (H - \lambda I)^2 \underbrace{(H - \lambda I)^{d-2} v}_{\text{call this } w} = 0$

$$\text{We have } (H - \lambda I)^2 w = 0 \Rightarrow (H - \lambda I)w = 0$$

$$\Rightarrow (H - \lambda I)^{d-1} w = 0$$

$$\Rightarrow (H - \lambda I)v = 0 \quad (\text{induction hypothesis}) \quad \checkmark$$

(iii) Suppose $Hv = \lambda v$, $Hw = \mu w$.

$$\text{Then } \lambda(v, w) = (\lambda v, w) = (Hv, w) = (v, Hw) = (v, \mu w) = \mu(v, w)$$

$$\text{So if } \lambda \neq \mu, \text{ then } (v, w) = 0. \quad \checkmark$$

□

Corollary 8.2: If H is self-adjoint, then $H = MDM^*$ for a diagonal matrix D and an orthogonal matrix M (that is, $M^*M = I$).

By Theorem 8.1, we can write $X = N^{(1)} \oplus \dots \oplus N^{(k)}$, where $N^{(i)}$ consists of eigenvectors with eigenvalue λ_i , and $\lambda_i \neq \lambda_j$ ($i \neq j$).

Thus, we can write $x \in X$ as $x = x^{(1)} + \dots + x^{(k)}$, $x^{(i)} \in N^{(i)}$.

Note that $Hx = \lambda_1 x^{(1)} + \dots + \lambda_k x^{(k)}$.

let $P_i(x)$ be the projection of x onto the eigenspace $N^{(i)}$, that is,

$$P_i : X \rightarrow X, \quad P_i : x \mapsto x^{(i)}.$$

Remark: (a) $P_i P_j = 0$ if $i \neq j$ and $P_i^2 = P_i$.

(b) $P_i^* = P_i$ (property of orthogonal projections)

Def: The decomposition $I = \sum_{i=1}^k P_i$ is called a resolution of the identity, and $H = \sum_{i=1}^k \lambda_i P_i$ is called the spectral resolution of H .

Corollary 8.2 can now be stated as follows:

Theorem 8.3: let X be a complex Euclidean space, $H : X \rightarrow X$ a self-adjoint linear map. Then there is a resolution of the identity and a spectral resolution of H (in the sense described above).

It is now easy to define functions on H . For example,

$$H^2 = \sum_{i=1}^k \lambda_i^2 P_i, \quad H^m = \sum_{i=1}^k \lambda_i^m P_i, \quad \text{and for any polynomial } p(t), \text{ we have } p(H) = \sum_{i=1}^k p(\lambda_i) P_i.$$

Motivated by this, if F is any real-valued function defined on the spectrum (set of eigenvalues) of H , then we define

$$F(H) = \sum_{i=1}^k F(\lambda_i) P_i.$$

Example: $e^H = \sum_{i=1}^k e^{\lambda_i} P_i$.

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Theorem 8.4: Suppose H and K are self-adjoint commuting maps. Then they have a common spectral resolution, that is, there are orthogonal projections (as above) so that $I = \sum_{i=1}^k P_i$ and $H = \sum_{i=1}^k \lambda_i P_i$, and $K = \sum_{i=1}^k \mu_i P_i$.

Proof: Write $N = N^{(1)} \oplus \dots \oplus N^{(k)}$, a product of eigenspace of H corresponding to distinct eigenvectors. Pick $N = N^{(1)}$. Then for every $x \in N$, $Hx = \lambda x \Rightarrow H(Kx) = K(Hx) = K(\lambda x) = \lambda(Kx)$. Thus, Kx is an eigenvector of H , so K maps $N \rightarrow N$.

Apply a spectral resolution to K over N , i.e., write

$$K|_N = \sum_{i=1}^{k_1} \mu_i P_i \text{ and } H|_N = \sum_{i=1}^{h_1} \lambda_i P_i, \quad I|_N = \sum P_i.$$

The union of such a decomposition for all $N^{(i)}$ is a common spectral resolution of H and K , which we seek. \square

Remark: This is easily generalized for any number of commuting maps.

Note that $(iM)^* = -iM^*$ (where $i = \sqrt{-1}$).

Thus, if M is self-adjoint, then iM is anti-self-adjoint, and vice-versa. We can now conclude the following,

from Theorem 8.1.:

Corollary 8.5: Let A be an anti-self-adjoint mapping of a complex Euclidean space. Then

- (a) The eigenvalues of A are purely imaginary.
- (b) X has an orthonormal basis of eigenvectors of A .

Def: A mapping $N: X \rightarrow X$ of a complex Euclidean space is normal if $NN^* = N^*N$.

Remark: Self-adjoint ($H^* = H$), anti-self-adjoint ($A^* = -A$), and unitary ($U^* = U^{-1}$) maps are all clearly normal.

Theorem 8.6: If $N: X \rightarrow X$ is normal, then X has an orthonormal basis of eigenvectors of N .

Proof: Write $N = H + A$, where $H = \frac{N+N^*}{2}$, $A = \frac{N-N^*}{2}$.

If N and N^* commute, then H and iA commute and are self-adjoint. By Theorem 8.6, they have a common spectral resolution, thus X has an orthonormal basis of common eigenvectors. However, since $N = H + A$, there are eigenvectors of N (and N^*), as well. \square

Theorem 8.7: Let $U: X \rightarrow X$ be a unitary map. Then

- (a) X has an orthonormal basis of eigenvectors of U .
- (b) Each eigenvalue has norm 1.

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Proof: (a) is immediate from the fact that U is normal.

For (b), if $Uv = \lambda v$, then

$$\|Uv\| = \|\lambda v\| = |\lambda| \|v\| \Rightarrow |\lambda| = 1. \quad \square$$

Recall that we proved the spectral resolution of self-adjoint maps using the spectral theory of general maps. Here, we'll give an alternate proof that has several advantages:

- It doesn't assume the fundamental theorem of algebra
- For real symmetric matrices, it avoids complex numbers
- It leads to the "minmax principle" which gives a new characterization of the eigenvalues of H .

First, suppose X has an orthonormal basis of eigenvectors of a mapping $M: X \rightarrow X$, and write $x = (z_1, \dots, z_n)$ in this basis.

We can write $g(x) := (x, Mx) = \sum_{i=1}^n \lambda_i z_i^2$.

$$\text{Put } p(x) = (x, x) = \sum_{i=1}^n z_i^2.$$

Def: Let $H: X \rightarrow X$ be self-adjoint, and define the Rayleigh quotient of H by $R(x) = R_H(x) = \frac{(x, Hx)}{(x, x)}$.

Goal: Show that the minimum (and maximum) values of $R(H)$ are taken at eigenvectors of H . Deduce that H has a full set of orthonormal eigenvectors.

Approach: Since $R(kx) = kR(x)$, we need only to consider unit vectors. Suppose that $R(v) = \min\{R(x) : \|x\|=1\} = \lambda$. Let $w \in X$ be any other vector, and $t \in \mathbb{R}$ a parameter.

$$R(v+tw) = \frac{(v, Hv) + 2t \operatorname{Re}(w, Hv) + t^2(w, Hw)}{(v, v) + 2t \operatorname{Re}(w, v) + t^2(w, w)} = \frac{g(t)}{p(t)}$$

Since R is minimized at $t=0$, we know that

$$\dot{R} := \left. \frac{d}{dt} R(v+tw) \right|_{t=0} = \left. \frac{d}{dt} \left(\frac{g(t)}{p(t)} \right) \right|_{t=0} = \frac{p(0)\dot{g}(0) - \dot{p}(0)g(0)}{(p(0))^2} = 0.$$

$$\text{At } t=0, \quad p(0) = (v, v) = 1, \quad \dot{p}(0) = 2 \operatorname{Re}(w, v)$$

$$g(0) = R(v) = \lambda, \quad \dot{g}(0) = 2 \operatorname{Re}(w, Hv)$$

$$\Rightarrow p(0)\dot{g}(0) - \dot{p}(0)g(0) = 2 \operatorname{Re}(w, Hv) - \lambda 2 \operatorname{Re}(w, v) = 0 \\ \Rightarrow 2 \operatorname{Re}(w, Hv - \lambda v) = 0.$$

Since this holds for all $w \in X$, $Hv - \lambda v = 0 \Rightarrow Hv = \lambda v$.

Now, write $X_1 = \langle v \rangle^\perp$, so $X = X_1 \oplus \langle v \rangle$, $\dim X_1 = n-1$.

Remark: H maps $X_1 \rightarrow X_1$ because for any $x \in X_1$,

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$$(x, v) = 0 \Rightarrow (Hx, v) = (x, Hv) = (x, \lambda v) = \lambda(x, v) = 0.$$

Put $v_1 = v$ and $\lambda_1 = \lambda$. Let $v_2 \in X_1$ be the vector for which

$$R(v_2) = \min \{ R(x) : x \in X_1, \|x\| = 1 \} := \lambda_2.$$

v_2 is an eigenvector of H with eigenvalue $\lambda_2 \geq \lambda_1$.

Next, put $X_2 = \langle v_1, v_2 \rangle^\perp$, and continue in this fashion.

We get a full set of orthonormal eigenvectors of H with eigenvalues $\lambda_1 \leq \lambda_2 \leq \dots \leq \lambda_n$.

Theorem 8.8 (Minmax principle): Let $H: X \rightarrow X$ be a self-adjoint map of a finite-dimensional real Euclidean space, with eigenvalues $\lambda_1 \leq \dots \leq \lambda_n$. Then $\lambda_k = \min_{\dim S=k} \left\{ \max_{x \in S \setminus \{0\}} R_H(x) \right\}$.

Proof: Let $S \subseteq X$ be a k -dimensional subspace.

Goal: First show that $\max \{ R_H(x) : x \in S \setminus \{0\} \} \geq \lambda_k$.

Consider the (underdetermined) system of equations

$$(x, v_i) = 0 \quad i=1, \dots, k-1$$

let v be a solution (assume $\|v\|=1$).

Write $v = a_1 v_1 + \dots + a_n v_n$. (v_1, \dots, v_n are orthonormal eigenvectors.)

Clearly, $a_1 = \dots = a_{k-1} = 0$.

$$R(v) = \frac{(v, Hv)}{(v, v)} = \frac{\sum_{i=1}^n \lambda_i a_i^2}{\sum_{i=1}^n a_i^2} = \sum_{i=k}^n \lambda_i a_i^2 \geq \lambda_k \sum_{i=1}^n a_i^2 = \lambda_k \quad \checkmark$$

Next: Show that some k -dimensional subspace achieves this minimum, i.e., find $S \subseteq X$ for which $R(x) \leq \lambda_k$ for all $x \in S$.

Take $S = \langle v_1, \dots, v_k \rangle$.

For any unit vector $x = \sum_{i=1}^k b_i v_i \in S$,

$$R(x) = \frac{(x, Hx)}{(x, x)} = \sum_{i=1}^k \lambda_i b_i^2 \leq \lambda_k \sum_{i=1}^k b_i^2 = \lambda_k. \quad \checkmark$$

In summary, we have shown the following properties of the Rayleigh quotient:

(i) Every eigenvector v_i of H is a critical point of $R_H(x)$, i.e., the 1st derivatives of $R_H(x)$ are zero iff x is an eigenvector.

(ii) For any eigenvector v_i with eigenvalue λ_i , $R_H(v_i) = \lambda_i$.

(iii) In particular, $\lambda_1 = \min \{R(x) : x \neq 0\}$.

$$\lambda_n = \max \{R(x)\}.$$

Application: Let H be real symmetric, and let v be an eigenvector with eigenvalue λ . If $\|w - v\| \leq \varepsilon$, then

$\|R_H(w) - \lambda\| \leq O(\varepsilon^2)$, i.e., $R_H(w)$ is a second-order Taylor

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approximation of the eigenvalue. This arises in numerical methods for computing eigenvalues of matrices.

Def.: A self-adjoint mapping $M: X \rightarrow X$ is positive definite if $(x, Mx) > 0$ for all $x \neq 0$ (we'll study this more later.)

Generalized Rayleigh quotient: If $H, M: X \rightarrow X$ are self-adjoint and M positive definite, then define

$$R_{H,M}(x) = \frac{(x, Hx)}{(x, Mx)}. \quad (\text{Note that } R_H = R_{H,I}.)$$

We can derive a similar min max principle:

Theorem 8.9: The minimum problem $\min\{R_{H,M}(x)\}$ has a solution $R_{H,M}(v) = \mu$, where $v \neq 0$ and μ solve $Hv = \mu Mv$.

The (constrained) minimum problem $\min\{R_{H,M}(x) : (x, Mv) = 0\}$ has a solution $R_{H,M}(w) = \nu$ where $w \neq 0$ and w satisfy $Hw = \nu Mw$.

Proof: Exercise.

As before, we can iterate this process and produce a special basis for X :

Theorem 8.10: Let $H, M: X \rightarrow X$ be self-adjoint and M positive definite. Then there exists a basis v_1, \dots, v_n of X where each v_i satisfies $Hv_i = \mu_i Mv_i$ for some $\mu_i \in \mathbb{R}$, and $(v_i, Mv_j) = 0$ for $i \neq j$.

Corollary 8.11: All the eigenvalues of $M^{-1}H$ are real.

Moreover, if M is positive definite, then the eigenvalues of $M^{-1}H$ are positive.

Proof: Exercise (HW).

Theorem 8.12: Let $N: X \rightarrow X$ be a normal linear map.

Then $\|N\| = \max |\lambda_i|$, taken over all eigenvalues of N .

Proof: Exercise (HW).

Theorem 8.13: Let $A: X \rightarrow X$ be a linear map of a finite-dimensional Euclidean space, with eigenvalues $\lambda_1 \leq \dots \leq \lambda_n$.

Then $\|A\| = \sqrt{\lambda_n}$.

Proof: $\|Ax\|^2 = (Ax, Ax) = (x, A^*Ax) \leq \|x\| \|A^*Ax\|$, by Cauchy-Schwarz. Thus for any unit vector $x \in X$, $\|Ax\|^2 \leq \|A^*Ax\|$.